



Possible Reasons for Underutilization of Mental Health Services

- Affordability
- Lack of health insurance (37% are uninsured)
- Lack of Transportation
- Language barriers
- Fear of the system
- Lack of Knowledge/Recognition of MH issues
- Cost out of pocket 45%
- Stigma from the community (*locura* or *loco*)
- Personal stigma
- Self-reliant attitude
- Citizenship/immigration status
- Fractured family support system
- Denial